

Keeping safe in the beautiful Parish of North Rigton



*"Don't count the days, make the days count" -
Muhammad Ali*

**Just a reminder – we are here to help during lockdown...
COVID 19 - North Rigton Parish Support Group**

We are available to help with for example:

- Collecting your shopping
- Collecting urgent supplies
- Collecting a prescription or medication

OR just need to chat to someone.... simply call us....anytime....

Phone or text one of our co-ordinators and they will arrange for a volunteer to contact you. We will require your name, a contact number, your address and a brief outline of your needs which we can discuss with you.

Candy Waller: 07903 342 452

Barbara Massey: 07871 329 702

Sue Reast: 07815 060 359

Dear Residents of North Rigton

We hope you are making the most of having time at home and getting all those odd jobs done, finishing all those half completed projects and enjoying the great weather. We have noticed a lot of very smart gardens!

Thank you to everyone who has come forward with their details for our volunteer list.

As the lockdown rolls on for at least a few more weeks we thought it would be a good idea to provide a few more useful contacts in addition to the ones already distributed by hand, on "northrigton.org" website and the "North Rigton Community" Facebook page.

Ake & Humphris Wine & Beer Specialists – 01423 566 009 – free delivery to North Rigton for orders of 6 or more bottles of wine – ring them for more details.

Crimple Hall Garden Centre – 01423 872 463 – they have a great stock of bedding plants, compost, seeds and other gardening equipment – ring or email them with your wish list and they will be in touch to discuss – don't forget to leave your phone number, name and location.

Horticap Garden Centre – either visit their website or ring them 01423 522 876 extn 2 – this great local charity have been busy tending bedding plants since January and they are now available for delivery. They also do hanging baskets and compost!

Illingworth Hardware – Cold Bath Road, Harrogate – 01423 506 605 - this shop is an "Aladdin's Cave"! Ring before you venture out to check they have what you "essentially" need and they are open.

Things getting a bit too much for you? Finding lockdown tough? - Confidential helpline: **Samaritans** – 0330 094 5717



Best wishes - Keep Safe!!

PS – NON COMPUTER USERS - We know not everyone has access to the internet or even if you do aren't a confident user – no problem - please don't hesitate to let us know and we will make sure you are kept up to date the old fashioned way – useful print outs through your letter box!

